

ARE YOU A STUDENT ADHA MEMBER?

Massachusetts Dental Hygienists'  
Association  
Student Newsletter

January 2023 4.2

# MDHA Student Summit Spectator

Submitted by: Kaitlyn Machado, RDH, BS, MEd  
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Committee Member

## Follow us on Social Media!

Instagram: @mdha\_massdha  
Facebook: @ADHA Massachusetts



## Scholarship Award Opportunities!

1. Student Delegates to Annual Session Award  
(1<sup>st</sup> Year Students)
2. Student Delegates to Annual Session Award  
(2<sup>nd</sup> year / Graduating Students)
3. MDHA Academic Scholarship Award  
(Graduating Students)

**\*For more information on these opportunities, check out our website at:**  
<https://massdha.org/membership/student-members/scholarships-and-grants/>

**Deadline: March 1<sup>st</sup>, 2023**

Winners will be announcement at the Student Summit!

Share your photos of this Student Summit  
& past Summits using  
**#MdhaStudentSummit23**

**Hello 2023!**  
**Save the Date**

**April 1, 2023**

MCPHS Worcester Campus, Worcester MA  
Lincoln Square Academic and Student Center  
10 Lincoln Square  
Worcester, MA 01608

*In-person Student Event*

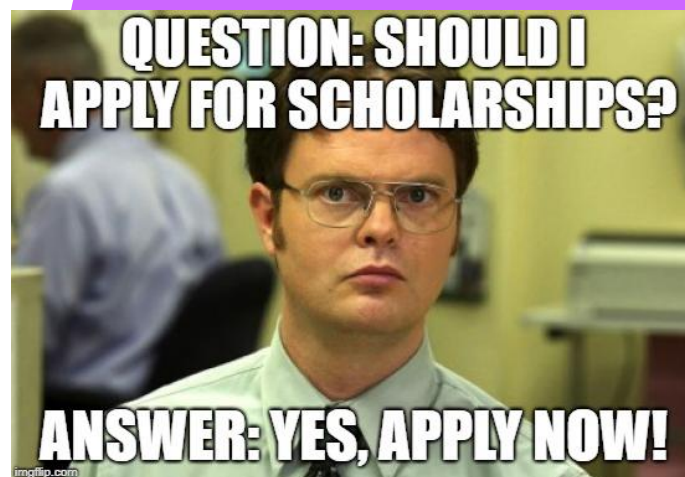
*9am - 2pm*

*Check-In opens at 8:30 am*

*In state student fee \$10 | Out of state \$20*

*\*Check out each month's Student Summit Spectator  
Newsletter for further details on The Student Summit!*

**Check out you MDHA Student page at**  
<https://massdha.org/membership/student-members/>



*Want to be spotlighted on the next Student Newsletter?  
Share what your DH school is doing this semester or why you chose dental  
hygiene... Email us at: [mdhastudentnewsletter@gmail.com](mailto:mdhastudentnewsletter@gmail.com)*

# Member Moment

**Amy Willor, RDH - STCC Alum**

**MDHA Council on Education & Research (Scholarship) Chair**

Amy is a STCC Alum, who graduated in 2018 and is currently working in private practice. She previously served as MDHA Membership chair and is now this year's Scholarship Chair. Amy loves to be a part of MDHA to stay in the know and help push our profession forward, as well as being around very passionate hygienists. When she's not working, she loves to spend time with family, ride motorcycles, and travel!

*Her advice for students:* "Hygiene school is hard and draining but temporary and worth it. Hang on to the friendships you've made here as they know you unlike any other. Be gentle on yourself. Get involved: lobby day, professional membership... Others have led us to this point, and it's up to us to see it into the future."



Don't forget to submit your MDHA scholarship award applicants before March 1<sup>st</sup> to Amy at: [scholarshipchair@massdha.org](mailto:scholarshipchair@massdha.org)



**MDHA T-shirts are back!**

**DON'T FORGET TO PUT WHAT T-SHIRT SIZE YOU WOULD LIKE ON THE RSVP FORM.**

## **Board Review Questions**

*(Answers below)*

1. What nerve supplies the intrinsic muscles of the tongue?  
A) Hypoglossal  
B) Trigeminal  
C) Facial  
D) Glossopharyngeal
2. A flat stone may be used to sharpen a curette by hand. The face of the curette should be at what angle to the stone?  
A) 50-65 degrees  
B) 100-110 degrees  
C) 90-100 degrees  
D) 75-85 degrees
3. After an outbreak of herpetic gingivostomatitis, the herpes simplex virus may remain dormant in which of the following?  
A) Sensory ganglion  
B) Salivary Glands  
C) Ligaments  
D) Lymph nodes

## **RSVP by March 1<sup>st</sup>, 2023!**

Attached to this newsletter & email is a RSVP for each school to complete and submit back to MDHA President Amanda Berthiaume at [president@massdha.org](mailto:president@massdha.org) by **MARCH 1<sup>st</sup>**. Please also add what your preferred t-shirt size will be. We are required a headcount and names prior to the Student Summit per our new location host policies, MCPHS Worcester. MDHA only needs 1 RSVP form per school!

## **New Logo Announcement!**

The American Dental Hygienists' Association (ADHA) is turning 100 this year. With this celebration and the continuation of evolving the profession, they have also freshened up their look. This update look also affects states and components nationwide. We are happy to introduce our updated logo and colors! Different shades of purple represent the diversity in our profession using dental hygiene colors. There are more exciting things to come! Stay Tuned!



For more information, visit our website at <https://massdha.org> or

<https://massdha.org/membership/student-members/>

Like us on Facebook @ADHA Massachusetts | Instagram: @mdha\_massdha

Join our Facebook Group: ADHA Massachusetts

Contact [mdhastudentnewsletter@gmail.com](mailto:mdhastudentnewsletter@gmail.com)

**Stay Tuned for additional details on your Summit!**

