



MDHA Student Summit Spectator

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What's is the Student Summit?

Well, we are glad you asked...

Prior to the Student Summit, all District I schools would meet at Yankee Dental Congress in January for their annual student meeting. MDHA decided to create an all-day event centered towards dental hygiene students.

This annual one-day event was named The Student Summit. Now in its 3rd year, we want to welcome back those students who have attended in the past and introduce ourselves to the 1st year students.

We are very excited that The Summit will be back in-person this year, which means we have a lot planned for you all. You can expect:

- Mini Board Review
- Giveaways, Giveaways, Giveaways
- Great Speakers
- Activities
- Mini Exhibit Hall
- Networking with other students/schools

****Registration information will be sent to schools after Winter Break (end of Jan/early Feb 2022)**

- ✚ We also will be continuing the tradition in bringing donated homecare supplies, to help the non-profit, Hope&Comfort. Whatever school brings the most donations will receive a prize!

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Third Times the Charm!

No, this isn't homework or extra work. It's the 3rd Annual Student Summit Event!

Save the Date

April 2, 2022

AC Hotel by Marriott in Worcester, MA

In-person Student Event

**Check out each month's Student Summit Spectator Newsletter for further details on The Student Summit!*

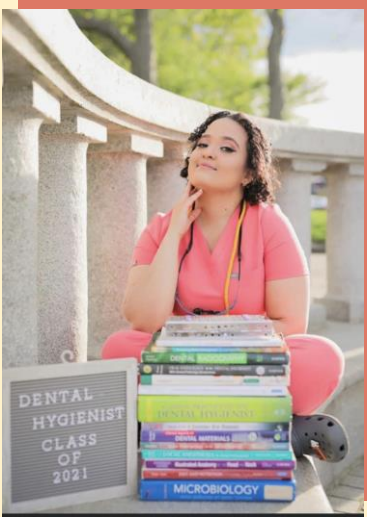
**Check out you MDHA Student page at
<https://massdha.org/membership/student-members/>**



***Wanna be spotlighted on the next Student Newsletter?
Share what your DH school is doing this semester or why you chose dental hygiene... Email us at: mdhastudentnewsletter@gmail.com***

Member Moment

Arlin Estevez, RDH – Middlesex CC Class of 2021 & MDHA Assistant Secretary



Arlin, a 2021 Middlesex Community College graduate was born in Dominican Republic. The 23-year-old RDH is now working as a full-time hygienist at Lowell family dental and she loves it! In addition, she is MDHA's 2021-2022 Assistant secretary, which she says is a big accomplishment. She says she wanted to become involved in the state association because it is important for the hygiene community. Arlin was also a student award winner this year, which was a free trip to ADHA Annual Session Conference. She said "going to Arizona for the annual session was AMAZING! I learn a lot of new things in each class and saw different products as well. I met most of the members of the association and got into different classes that taught me how to organize myself with my patient education. Overall, I'm ready to learn and develop into my career and my new role as assistant secretary, which is also to be part of all BOT meetings to make things work out."

*MA Student
Award/Scholarships
Applications
Coming Soon!*

What is MDHA?

For students in Massachusetts, we are your state professional association, which is part of the national association, American Dental Hygienist Association (ADHA). We are a group of dental hygienists, in many different work experiences and settings, who volunteer their time and hard work to bring the best out of the profession and communities.

Along with providing networking opportunities, hosting continuing education courses year-round for keeping dental hygiene licensure, holding social events for RDHs, and being involved with the students. You, the students, are future RDHs and we want to welcome you to the profession.

Throughout the year we offer student awards/scholarships, events like the Student Summit, and MDHA members visit your schools. In addition, each Massachusetts dental hygiene school has MDHA representatives that connect us to you. These representatives are your mentor liaisons.

For the dental hygiene schools outside of Massachusetts, we want to connect with you all also. Massachusetts, Rhode Island, New Hampshire, Maine, and Vermont are all part of District One of the American Dental Hygienists' Association. We are excited to have you all back for our in-person Student Summit!

Board Review Questions

(Answers below)

1. After the active phase of periodontal treatment is complete, the patient's needs are assessed and timed intervals for which procedure is planned?
A) Prophylaxis
B) Periodontal Maintenance
C) Scaling and Root Planning
D) Debridement
2. All are clinical signs of pernicious anemia except one. Which one is the exception?
A) Burning Tongue
B) Fatigue
C) Weakness
D) Tooth Erosion
3. Continuous or intermittent closure of the jaws under vertical pressure is termed what?
A) Trismus
B) Clenching
C) Bruxism
D) Myalgia

For more information, visit our website at <https://massdha.org> or <https://massdha.org/membership/student-members/>

Like us on Facebook @ADHA Massachusetts

Join our Facebook Group: ADHA Massachusetts

Contact mdhastudentnewsletter@gmail.com

Stay Tuned for additional details on your Summit!

