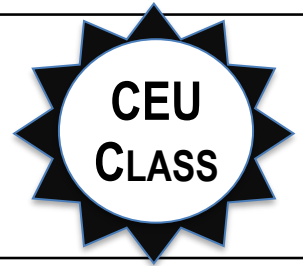




# For the Dental Professional: Nutrition Considerations in Oral Health Online Live Webinar - 3 CEUs



This course provides participants with a review of core nutrition concepts with a focus on oral health. We will explore the foundations of a nutritionally balanced diet and the implications of diet and nutrition on oral health, both broadly and in consideration of specific populations and life stages. Participants will be empowered to confidently apply diet and nutrition knowledge in their clinical practice and further support the health and healthy actions of their patients. Open to any dental professional. 3 CEUs, 3 hours. \$53

**Course Objectives:** After this course, participants will be able to:

- Identify the essential nutrients and describe their functions, common dietary sources, imbalance manifestations, and oral health implications.
- Describe the key elements of a balanced diet.
- Explain the roles of diet and nutrition in caries risk.
- Explain the roles of diet and nutrition in periodontal health.
- Discuss the implications of diet and nutrition on oral health across life stages and specific populations.
- Discuss how to perform a dietary assessment in the dental setting and apply findings in effective patient education.
- Identify evidence-based nutrition resources for clinicians and patients.

Course Date: Saturday February 27, 2021 from 9a – 12p. **Live Online Webinar**

Course Number: HLT 751-75    Tuition \$53

Presenter: Kelly Shutoff, RDH

Enrollment Deadline: February 12

To Enroll Call: 1 800 818-3434

Provide: Course # HLT 751 75, Full Name, Current Home Address, Cell phone, Preferred Email, Date of Birth

Questions: Email [Career\\_Training@middlesex.mass.edu](mailto:Career_Training@middlesex.mass.edu)