



Massachusetts

Dental Hygienists' Association

MDHA Student Summit Spectator

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WELCOME FIRST YEAR DH STUDENTS!

The Details...so far

We are in the planning process right now and we are using your feedback from last Summit to make adjustments.

First, during this ever-changing COVID-19 Pandemic situation, we have decided to get the most out of the Summit, which include safety for all, we will hold your event **FULLY VIRTUAL FOR FREE!**

Second, we are welcoming all Massachusetts Dental Hygiene Schools as well as all District I schools to our Summit (RI, VT, NH, ME).

Third, we will still give out a swag bags to anyone who attends sent directly to your school as well as giveaways throughout the day.

Our optional afternoon session will help you get ready to start your dental hygiene career with sessions about interviewing, licensure requirements, & creating a resume.

A short survey is attached for you in this email to complete to help us make the 2nd Annual Student Summit a great Success!



Hey Students! It's all about you! What would you like to see at the Student Summit 2021? Got Questions? EMAIL US anytime at

mdhastudentnewsletter@gmail.com or
educationchair@massdha.org

Bristol - Cape Cod - MCPHS - Middlesex - Mount Wachusett - Regis - Quinsigamond - Springfield

Massachusetts Dental Hygienists' Association
Student Newsletter 2.0
December 2020 Edition

We're Back....!

It's your state professional association, MDHA. We are excited to announce our 2nd Annual Student Summit for all dental hygiene students in Massachusetts and nearby states!

April 3rd, 2021

Fully Virtual

9am-12 &

Starting Career Steps (optional) 1pm-3pm

Check out you MDHA Student page at
<https://massdha.org/membership/student-members/>

Hygiene Hint

Having a difficult time trying to reach those wisdom teeth?

Try asking the patient to close down slightly!

BOARD REVIEW QUESTION

All of the following are benefits of sharpening instruments except one? Which is the exception?

- A) Increased tactile sensitivity*
- B) Patient Comfort*
- C) Burnished calculus*

** see next page for the correct answer*

Student Spotlight - Jennifer Burkmier, Mount Wachusett, Class of 2021

Jennifer, who likes to go by Jenny, is a dental hygiene student who was her program's SADHA Secretary 2019-20 and is currently the SADHA President for 2020-21. She also was the District I Scholarship winner and she won a free trip to ADHA Annual Session 2020. When she isn't studying dental hygiene, she enjoys reading and being outside (skiing, gardening, walking dogs, or hiking).

Why do you want to be a RDH? "I knew I wanted to be a RDH when I realized just how much fun my own dental hygienist had to answer all my questions and how much you could tell that she truly loved what she did for a living when she was able to educate patients. I wanted a career where I can help people incorporate scientific advances into their daily lives and empower people to take control of their own health, and I found that in dental hygiene."

Why did you apply for the ADHA Student District I Award? "After seeing a presentation by a previous student delegate, I was curious enough to apply to see if I could be chosen for the opportunity. Getting involved in the association I was already a part of was exciting to me because I've seen so many people get involved and surrounded by professionals that are passionate about dental hygiene, so I wanted to try it out for myself."

How was your first ADHA virtual session? "My first annual session was very different than what I thought it would be, but I really enjoyed attending the continuing education courses. I thought it was amazing to see how people can use their dental hygiene degrees in so many different ways and how you can take your career in any direction that inspires you, yet have so much in common with each other in the dental hygiene community."

How's school going? "School is stressful, but I think that's a typical and expected feeling. I'm grateful for the support from my classmates and faculty as we continuously adjust to the changes that are happening around us."



Are you ready? Starting using the Official
2021 Summit Hashtags

#CovidCantStopTheSummit

Remember the date...
#4321

Coming Soon/Stay Tuned

- AWARD Opportunities will be sent out in January 2021 including a chance to be awarded a **FREE** trip to ADHA Annual Session 2021 in Phoenix, Arizona!
- Summit vendor list with discounted promos & Summit Schedule to be announced

RSVP by 2/15/21

****ADHA National Dental Hygiene Board
Review for \$49!**

<https://mymembership.adha.org/nbr>

- Includes: On-demand courses, 300+ page study guides, timed practice exams, modules, videos, and more!

For more information, visit our website at <https://massdha.org> or
<https://massdha.org/membership/student-members/>

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Contact mdhastudentnewsletter@gmail.com or educationchair@massdha.org

Get Ready For the Student Summit!!!

