



Massachusetts
Dental Hygienists' Association



42NORTH
DENTAL



Massachusetts Dental Hygienists' Association
Student Newsletter
March 2020 Edition

MDHA Student Summit Spectator

Submitted by: Kaitlyn Machado, RDH, BS
MDHA Mentor Liaison & Student Engagement Committee Member

IMPORTANT REMINDERS

- * Breakfast & a light lunch are included
- * Bring personal care/hygiene product donations for Hope&Comfort. (The class with the most donated products wins a pizza party!)

Products to Donate:(full size items)

- bars of soap
 - shampoo
 - toothbrush (all ages)
 - toothpaste
 - deodorant
 - floss
 - mouthwash
 - any other personal care items
- * There will be opportunities for you to visit vendors and tables

The Last One!

Are you coming? Are you ready for a full day all about dental hygiene students?

MARCH 7TH, 2020

AC Marriott, Worcester, MA

125 Front St, Worcester, MA 01608

8AM-4PM

Check out you MDHA Student page at
<https://massdha.org/membership/student-members/>

STUDENTS!

Bring your updated professional resumes to the Summit so they can be reviewed for FREE by Dr. Jasmine from 42 NORTH!



Need any help or have a question the day of the Summit, just look for someone with a MDHA/ADHA button!

MDHA Member Moment

Kate Soal RDH, CDA, MSDH-Immediate Past MDHA President

Hello Students! My vision and passion for dentistry started to evolve when as a child I would watch my dental technician father create prosthetics to restore function and confidence. I was fascinated by this dental world and the intricacies of such a dark and mysterious place. My career began in 1984 as a very young and enthusiastic dental surgery assistant running at full steam; constantly asking, learning and expanding my knowledge. After emigrating to the U.S., I decided to pursue a career in dental hygiene as a means to support my family and I have never looked back.

I am a proud 1999 graduate of Quinsigamond Community College where I am now a full time faculty member so it seems as though I never left! I teach periodontology, local anesthesia, pharmacology, radiology labs, and clinic. I also teach local anesthesia at Mount Wachusett Community College.

The things I love the most are teaching, being around students, and volunteering for MDHA. I have done a lot with my career, but my proudest moment and greatest honor came when Dr. Esther Wilkins asked me to be a contributing author for our beloved Comprehensive Practice of the Dental Hygienist.

Always remember where you started and pay it forward. It doesn't have to be big and grand, just do what you can when you can. I am looking forward to meeting you all at the first ever MDHA sponsored Student Summit on March 7th!



Kate Soal with Esther Wilkins in 2016!

Summit Schedule

8-8:30 Registration and light breakfast

8:30-9:15 Ted Style Talks

9:15-10:00 Yoga with Emily Bangrazi

10:00-11:30 Claire Jeong, RDH, BS, MS: How to Fight Against Test anxiety and Memory (Crest-Oral B)

11:30-12:45 Lunch (42 North)/ Vendor time/ Scrub fashion show (Crest-Oral B)

12:45-1:30 Resumes/Interviewing Techniques & Review with Dr. Jasmine - 42 North

1:30-2:00 Award and recognition

2-3 Cynthia Stegeman (Crest-Oral B)- Nutrition Discussion

3-4 Radiology Review- presented by Kelly Jancaitis

For more information, visit our website at <https://massdha.org> or <https://massdha.org/membership/student-members/>

Like us on Facebook @ADHA Massachusetts

Join our Facebook Group: ADHA Massachusetts

Contact mdhastudentnewsletter@gmail.com

Get Ready For the Student Summit!!!

