



**The following information is about the upcoming Middlesex Component of MDHA April meeting.**

**Course Title:** What is the Impact Vaping has on Oral Health? Assessing Evidence, Understanding, and Perception.

**Date:** Sunday, April 26, 2020

**Time:** 8:30 AM – 12:00 PM. Registration and breakfast are 8:30 AM – 9:00 AM; course is from 9:00 AM – 12:00 PM.

**Location:** Hilton Boston/Woburn Hotel located at 2 Forbes Street, Woburn, MA.

**Presenter:** Kelley Martell, RDH, BSDH, MSDH

**Cost:** Students \$30, “Early Bird” ADHA Members \$55 (registration must be received by Sunday, April 12th), ADHA Members registered after this date \$60, Non-members and all others \$75\*. Prices include breakfast and course

**CEU’s:** 3 Continuing education credits awarded

\*You can pay Member rates by joining ADHA now!

**Course Description:** The prevalence of electronic nicotine delivery systems (ENDS) usage, also known as vaping, has increased exponentially in recent years, with the majority of users being young adults. In order to develop cessation initiatives aimed at the vaping population, it is critical to first determine the level of understanding individuals have regarding the negative effects vaping has on their general and oral health.

This course will cover trends in current vaping-related oral health research, and explore the health implications of vaping from a dental health perspective. In addition, attitudes, opinions, and perceptions towards the oral health risks of engaging in vaping will be presented.

**Course Objectives:** To increase awareness of potentially dangerous oral health effects of vaping, and to provide dental hygienists with strategies directed towards reducing the incidence of vaping within our patient populations.

**Learning Objectives:** Upon completion of this course, the dental professional will gain an understanding of the negative health effects of vaping and be able to:

- Identify various vaping products and trends usage
- Interpret current data regarding vaping prevalence, especially among the young adult population
- Appreciate and understand the negative health effects of vaping
- Distinguish between the perceived benefits and known oral health risks of vaping
- Assess young adults' perceptions/understanding of the oral health effects of vaping
- Integrate vaping cessation methods into dental hygiene care planning

### **About the Speaker:**

**Kelley Martell, RDH, BSDH, MSDH** has 26 years of experience in clinical dental hygiene practice. She obtained a Bachelor's Degree in Dental Hygiene for Northeastern University in 1994 and a Graduate Certificate in Advanced Dental Hygiene Science from Forsyth School for Dental Hygienists in 1995. She recently completed her Master's Degree in Dental Hygiene Education from Massachusetts College of Pharmacy and Health Sciences in Boston, MA.

Kelley has vast experience and knowledge in all aspects of dental hygiene practice with a special concentration in preventive dental hygiene care and non-surgical periodontal therapy. She has over 20 years of experience in clinical dental hygiene education, and has worked as a clinical adjunct faculty member at The Forsyth School for Dental Hygiene and Mount Wachusett Community College in Fitchburg, MA. She developed her research skills as a clinical intern at The Forsyth Institute in Boston, MA.

Kelley has lectured on the topic of vaping and its relationship to oral health throughout the Northeast.

Kelley is an active member of many professional organizations including the ADHA, several advisory boards for Mount Wachusett Community College, as well as Phi Kappa Phi, Sigma Phi Alpha, and the Golden Key National Honor Societies.

Kelley lives in North Central Massachusetts with her husband and three daughters. In her spare time, she enjoys reading, hiking with her family and their two dogs, and attending her daughters' many sporting events.

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*The form to register is on the next page!*

To register, please print, fill out, & enclose the following form below.

Checks should be made out to: MDHA

Send to:

Paulette Glasser, RDH (Middlesex Component Secretary)  
617 Middlesex Turnpike  
Billerica, MA 01821-4324

Questions? Please contact Paulette at [ollie38@comcast.net](mailto:ollie38@comcast.net)

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Sunday, April 26, 2020  
Hilton Boston/Woburn Hotel  
Woburn, MA

What is the Impact of Vaping on Oral Health?

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

ADHA Member ? :      Yes               No

Amount Enclosed: \_\_\_\_\_