



MDHA Student Summit Spectator

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Student Summit Update

- * GIVEAWAYS & TONS OF FREEBIES
- * Crest Oral-B Sponsored Activity
- * Scrub Fashion Show
- * Ted Talk Panel on different dental hygiene settings and roles
- * Vendors
- * Continuing your education tables
- * Yoga & Ergonomics Presentation
- * Radiography & Nutrition Reviews
- * Plus, working through test anxieties presentation

SADHA Advisors Now is the time to register for the 1st Annual Student Summit!

MDHA Reminders

1. The class who brings the most personal care products to the Summit will win a pizza party!
2. There will be a complimentary breakfast & lunch at the Summit!
3. MDHA will be providing 1 Hotel room for each school during the Summit as well!
4. MARK YOUR CALENDARS, **LOBBY DAY** is **2/25/19** at Boston's State House in the Great Hall

Happy New Year!

It's 2020! For those students graduating this year, Congratulations! You're in the final stretch of dental hygiene school. Now you must be thinking BOARDS, BOARDS, and more BOARDS. The Student Summit teamed up with Dental Hygiene Seminars and we will be giving away **1 FREE SEAT** to their **March 27-29** Boston seminar at the Student Summit!

We also want to say Congrats to the first year students. You probably just finished your pre-clinic first semester, one down already. You're almost done with your first year of the program.

Check out your special student page linked to the MDHA website! Check out the page at <https://massdha.org/membership/student-members/>



MDHA Conference After Party



Dental Hygiene Schools and students! Do you have a community service project you want to share with the other dental hygiene schools or do you want to be spotlighted in an upcoming edition? Contact the newsletter editor at mdhastudentnewsletter@gmail.com for the opportunity to be profiled in the future editions of the Spectator!

**Whoever is selected each month will get a \$25 Amazon Giftcard!!*

MDHA Member Moment

Virginia Heroux, RDH, MS- MDHA President Elect

Virginia is currently serving as the President Elect of MDHA. She is a graduate of the Forsyth School for Dental Hygienists (Certificate of Dental Hygiene), the University of Rhode Island (Bachelor's Degree in Dental Hygiene Education) and the University of Bridgeport (Master's Degree in Biology with Emphasis on Nutrition). She is also working at Mount Wachusett Community College as an Associate Professor of Dental Hygiene (since 2008). I teach Anatomic Science II, Pharmacology, Dental Hygiene Process of Care III/IV and first and second year clinic. Virginia previously taught second year clinic at Quinsigamond CC in 2007-08.

"I look forward to meeting all students at the Student Summit in March. I have been a member of the ADHA since I became a dental hygiene student I worked in private practice general dentistry for 25 years before working in dental hygiene education. I am very passionate about Dental Hygiene and Education." Check out more at: <https://youtu.be/jfRLFyrX-8>

Hygienist Proud – Student Award

ADHA, in conjunction with P&G/Crest Oral-B, is pleased to announce its inaugural Hygienist Proud - Student Award. This award honors a dental hygiene student in their final year of their program who has demonstrated commitment to ADHA, active involvement in their dental hygiene program, and exhibited excellence in leadership. **Deadline: February 1, 2020**

- Current ADHA Student Member in their final year of their dental hygiene program (graduation date must be prior to December 31, 2020)
- Dental hygiene program must be an accredited program.
- Demonstrate active involvement in your dental hygiene program (community service, mentoring, tutoring, fundraising, etc.)
- Exhibit excellence in leadership (student chapter officer, other student organizations, working full/part-time, etc.)
- Nomination from Faculty Member/Student Chapter Advisor
- Employees of ADHA, Board of Trustee members, family members of aforementioned, previous winners and employees of Crest Oral-B are not eligible to apply for this award

Winner will receive: Engraved award, Recognition at the Crest Oral-B Breakfast on Saturday, June 13, 2020 (attendance required), Travel to/from Annual Conference, Hotel Accommodations (2 nights), Cash Prize, Crest Oral-B Swag, One (1) year of complimentary ADHA Membership

BOARD REVIEW PRACTICE

Q1: Which of the following terms refers to the majority of scatter radiation produced in dental imaging?

- a) Coherent
- b) Primary
- c) Compton

Q2: All of the following chemical agents are used to treat sensitivity except:

- a) silver nitrate
- b) fluoride
- c) clorehexidine

Q3: Which of the following represents the ADA's recommendation for maintaining a dry field during sealant placement?

- a) use of cotton rolls
- b) use of 2 operators
- c) use of rubber dam

Answers: c c a

For more information, visit our website at <https://massdha.org> or <https://massdha.org/membership/student-members/>

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Contact mdhastudentnewsletter@gmail.com

STAY TUNED FOR THE FEBRUARY EDITION!