



Massachusetts  
Dental Hygienists' Association

Massachusetts Dental Hygienists' Association  
Student Newsletter  
December 2019 Edition

# MDHA Student Summit Spectator

Submitted by: Kaitlyn Machado, RDH, BS  
MDHA Mentor Liaison & Student Engagement Committee Member

## MDHA Student Summit Update

\*Since the last edition of the Spectator, the Student Summit time has been updated to 8am to 4pm! Plus, we have a special page linked

**Get ready for Registration for the Student Summit in January!!**

## Want a chance to win a Pizza Party for your entire class?

Bring personal care items like shampoo, deodorant, toothbrushes, toothpastes, bars of soap to the Student Summit and be entered to win pizza party for your entire class! The class who donates the most products, wins! All products will be donated to the non-profit organization, **Hope&Comfort**, which helps children of all ages fight against hygiene insecurity. Think about hygiene items you use every day, some individuals and families cannot afford these necessities

<http://hopeandcomfort.org/>



## Welcome Back!

In this December issue of the Student Summit Spectator, you will learn about scholarship opportunities available for you, Student Summit Event updates, community service that offers a chance for a great prize for your class, and spotlights of another fantastic MDHA member!

Plus, we have a special student page linked to the MDHA website! Check out the page at <https://massdha.org/membership/student-members/>



Student Event at the 2019 MDHA Conference



Dental Hygiene Schools and students! Do you have a community service project you want to share with the other dental hygiene schools or do you want to be spotlighted in an upcoming edition? Contact the newsletter editor at [mdhastudentnewsletter@gmail.com](mailto:mdhastudentnewsletter@gmail.com) for the opportunity to be profiled in the future editions of the Spectator!

***\*Whoever is selected each month will get a \$25 Amazon Giftcard!!***



# MDHA Member Moment

*Pamela Lacerte, RDH, MDHA President*

Since graduating from Quinsigamond Community College, Pamela has been actively involved in MDHA and ADHA for over 13 years. Her passion for dental hygiene has always made MDHA a large part of her dental hygiene career. She has held many positions and volunteered for numerous committees over the years including being President for the Middlesex component, the MDHA Volunteer Coordinator, MDHA secretary, MDHA Vice President, MDHA President Elect, Delegate for ADHA and MDHA, Alternate Delegate for ADHA, Presiding chair and Room coordinator for MDHA and Yankee Dental Congress. She recently was the recipient of the Yankee Dental Congress Volunteer Auxiliary of the Year. She's also practicing clinical hygienist in Marlboro, MA.

*What's one piece of advice you would like to share with the Massachusetts Dental Hygiene Students?*

**"Never stop learning. Knowledge is power!"**

*Lastly, what are you looking forward to at the first ever, Student Summit?*

**"The students of course! It is going to be an amazing event that you will not want to miss!"**

## 2ND YEAR SCHOLARSHIP OPPORTUNITIES

### 1. Council on Membership Trip to ADHA's Annual Session 2020 in New Orleans

- \* **SUBMIT TO** [membershipchair@massdha.org](mailto:membershipchair@massdha.org)
- \* **DEADLINE: February 1, 2020**
- \* must be active student member of the ADHA
- \* open to students entering at least their 2nd year in an accredited dental hygiene program
- \* student should be interested in becoming involved in the MDHA
- \* **MUST** attend/video-call into at least 3 Board of Trustees meetings before or following graduation
- \* minimum of 1 letter of recommendation from college professor
- \* Student must write an essay (min of 500 words) explaining what they are expecting to gain from attending ADHA's annual session.

### 2. Council on Education Academic Award

- \* **SUBMIT TO** [educationchair@massdha.org](mailto:educationchair@massdha.org)
- \* **DEADLINE: February 1, 2020**
- \* must be a permanent reside of Massachusetts
- \* open to students entering at least their 2nd year in an accredited dental hygiene program. Graduating RDH's pursuing higher degrees in dental hygiene, public health, or research may also apply.
- \* A current transcript (unofficial transcript is allowed) with a cumulative GPA of 3.2 or higher
- \* 2 letters of recommendations from program director and or faculty
- \* A personal statement (no more than 2 double spaced typed pages) describing their interests, career goals, and views of dental hygiene.

## BOARD REVIEW PRACTICE

**Q1: Which condition is a symptom of a disease?**

- a) fever
- b) sore throat
- c) high blood pressure

**Q2: Which radiolucent landmark is visible on a maxillary posterior periapical image?**

- a) genial tubercles
- b) zygoma
- c) maxillary sinus

**Q3: To determine immediate success of scaling and root planning, the clinician must rely on (choose best answer):**

- a) tactile evaluation
- b) visual examination
- c) radiographic evaluation

Answers: **B C A**

For more information, visit our website at <https://massdha.org> or <https://massdha.org/membership/student-members/>

Like us on Facebook @ADHA Massachusetts

Join our Facebook Group: ADHA Massachusetts

Contact [mdhastudentnewsletter@gmail.com](mailto:mdhastudentnewsletter@gmail.com)

**STAY TUNED FOR THE JANUARY EDITION!**