



MDHA Student Summit Spectator

Submitted by: Kaitlyn Machado, RDH, BS
MDHA Mentor Liaison & Education Committee Member

MDHA Student Summit

At this first ever Student Summit, you will have the opportunity to meet students from the other Massachusetts dental hygiene schools and members of your professional association.

The MDHA has planned an exciting day filled with fun and learning that includes:

- * Complimentary Breakfast
- * Board Review
- * Yoga & Stress Reducing activities
- * Ted Talk style Discussion with unique perspectives of the profession
- * Vendors
- * Games, Prizes and Plenty of **GIVEAWAYS!**

WHEN? March 7th, 2020

WHERE? AC Marriott, Worcester, MA

TIME? TBA

WELCOME STUDENTS!

The Massachusetts Dental Hygienists' Association, MDHA, would like to welcome you to the dental profession! In this profession, you will be a lifelong learner and will collaborate with many dental professionals. As students, you are in the beginning stages of your amazing career. In October, we all celebrated National Dental Hygiene Month. Why stop celebrating? Since 1944, the MDHA has been striving to work side by side with you through all stages of your dental hygiene career. With this support, the MDHA wants to celebrate the future of our profession, YOU! We have create a day just for students to celebrate. The Student Summit will take place March 7th, 2020!



**MDHA
Leaders
2019-2020**



Dental Hygiene Schools! Do you have a community service project you want to share with the other dental hygiene schools? Contact the newsletter editor at mdhastudentnewsletter@gmail.com for the opportunity to be profiled in the future editions of the Spectator!

MDHA Member Moment

Amanda Berthiaume, RDH

She graduated with honors in 2015 from Springfield Technical Community College (STCC) and is currently pursuing her master's degree in dental hygiene education at Massachusetts College of Pharmacy and Health Sciences. Amanda is also an active ADHA member since 2013, she is proud to serve as a student liaison between The Massachusetts Dental Hygienists' Association and STCC. She is the Council for Education and Research Chair and co-chair of the Student Engagement Committee. Her passion for public health and education has inspired her to work as adjunct faculty in the STCC Dental Hygiene Clinic and at The Caring Health Center in Springfield, Ma.

**Learn more about Amanda & some helpful tips at:
<https://youtu.be/kAOf-I76hF8>*



Did you know?

There are over 320 dental hygiene students in Massachusetts!



Are you a student who wants to share your dental hygiene story?

The MDHA Student Summit Specator is in search of students to profile for the future editions of this newsletter! Tell us about yourself. What dental hygiene school are you attending? What's your favorite (or least favorite) dental hygiene course? Has anything surprised you so far in school? Why did you chose the dental hygiene profession? Will you be attending the 1st Annual Student Summit? If so, what are you looking forward to? What is one thing you want to say to other students in the same position as you? What are your future plans after graduation?

Submit your bio and a recent photo of yourself (no selfies) to mdhastudentnewsletter@gmail.com

BOARD REVIEW PRACTICE

Q1: Which muscle elevates the mandible?

- a) Buccinator
- b) Medial pterygoid
- c) Lateral pterygoid

Q2: A lesion that has a stemlike base is described as being _____?

- a) Pedunculated
- b) Bullous
- c) Lobulated

Q3: Which major neurotransmitter in autonomic ganglia leads to a rapid excitatory postsynaptic potential?

- a) Epinephrine
- b) Acetylcholine
- c) Dopamine

Answers: **a a a**

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STAY TUNED FOR THE DECEMBER EDITION!